

I'm not a robot

























perfect pitches every time. A guide to small-sided pitch sizes 5-a-side football pitch dimensions and markings Based on the FA's guidance, 5v5 football pitches should measure 40 yards (36.6m) in length by 30 yards (27.4m) wide, maintaining the traditional rectangular shape of a full-sized pitch. A major element which makes 5v5 unique is the pitch markings, particularly the curved penalty area, which is not used in other forms of the game. The edge of the penalty area must be 6.5 yards (6m) from the centre of the goal. This is where the penalty spot is located. A halfway line should be drawn across the width of the pitch. Centre circles are optional for 5v5 pitches, but if included, it should have a radius of 3 yards (2.75m). 5-a-side dimensions summary Element Dimension Pitch length 40 yds (36.6m) Pitch width 30 yds (27.4m) Penalty spot distance 6.5 yds (6m) Centre circle (radius) 3 yds (2.75m) 7-a-side football pitch dimensions and markings 7v7 pitches are typically for players aged 9-10 years old. Due to the increased number of players, the pitch is larger than 5v5 and more closely resembles a full-sized pitch. A regulation 7v7 pitch should measure 60 yards (54.9m) by 40 yards (36.6m). This is the first to include rectangular penalty areas. These should measure 18 yards (16.5m) x 10 yards (9.1m). Penalty spots should be positioned 8 yards (7.3m) from the centre of the goals. The 7-a-side dimensions summary Element Dimension Pitch length 60 yds (54.9m) Pitch width 40 yds (36.6m) Penalty spot distance 8 yds (7.3m) Centre circle (radius) 6 yds (5.5m) 9-a-side football pitch dimensions and markings The recommended pitch size for U11 and U12 Youth teams is 9v9, which should measure 80 yards (73.2m) by 50 yards (45.7m). In terms of line markings, 9v9 is the same as 11v11 – just smaller. Corner segments and the goal area, colloquially known as the '6-yard box', begin being included at this pitch size. In this format, the penalty spot should be marked 9 yards (8.2m) from the centre of each goal. Corner quadrants should have a diameter of 1yd (0.9m) and the new goal area (measuring 14 yards (12.80m) x 4 yards (3.65m)) should be positioned inside the penalty area (13 yards (11.88m) by 32 yards (29.26m)). 9-a-side dimensions summary Element Dimension Pitch length 80 yds (73.2m) Pitch width 50 yds (45.7m) Penalty area length 13 yds (11.88m) Penalty area width 32 yds (29.26m) Penalty spot distance 9 yds (8.2m) Goal area length 4 yds (3.65m) Goal area width 14 yds (12.80m) Centre circle (radius) 7 yds (6.4m) Corner quadrants 1 yd (0.9m) A guide to professional/11v11 football pitch sizes From U13 Youth up to the professional level, the FA recommends 11v11 football pitch. However, because of this wide range of age groups, determining the dimensions of an 11v11 pitch can be difficult as the length and width of the pitch can vary greatly. As shown in the table below, the recommended size of an 11v11 field can range from 90-110 yards (82.3m-100.6m) in length and 55-70 yards (50.3m-64.0m) wide. Pitch Type Age Group Pitch Length Pitch Width 11v11 U13/U14 90 yds (82.3m) 55 yds (50.3m) 11v11 U15/U16 100 yds (91.4m) 60 yds (54.9m) 11v11 U17/U18 & Senior 110 yds (100.6m) 70 yds (64.0m) Despite the flexibility in length and width options, there are some dimensions that remain constant on all 11v11 pitches: Penalty spot (from the goal line): 12 yards (11m) Goal area length: 6 yards (5.5m) Penalty area length: 18 yards (16.5m) Centre circle radius: 10 yards (9.1m) Corner quadrants: 1 yard (0.9m) Pitch Dimensions summary Pitch Type Age Group Pitch Length Pitch Width 11v11 U13/U14 90 yds (82.3m) 55 yds (50.3m) 11v11 U15/U16 100 yds (91.4m) 60 yds (54.9m) 11v11 U17/U18 & Senior 110 yds (100.6m) 70 yds (64.0m) 8x24.5 Professional-level dimensions At club and international levels, professional teams have increased flexibility to adjust the size of their pitch. Both The FA and FIFA's regulations state that pitch dimensions can vary as long as they fall between: 100-130 yards (90-120m) long 50-100 yards (45-90m) wide As well as accommodating teams with smaller stadiums, this flexibility opens up tactical options. Teams may opt for a wider or narrower pitch to suit their style of play, granting them an advantage when playing at home. During the 2008/09 Premier League season, Stoke City reduced the size of their pitch to 100 metres by 64 in order to increase the effectiveness of their direct style of play. They would win 10 of their 19 home games during that season. What size is a Premier League football pitch? According to the 2022/23 Premier League handbook, a standard Premier League pitch should measure 115 yds (105 m) x 74 yds (68 m). In the 2022/23 season, 14 of the 20 Premier League clubs used the same dimensions: 115 yards (105 m) by 74 yards (68 m). The exceptions were teams with older or smaller stadiums, such as Chelsea, Fulham and Everton. How big is the pitch at Wembley? In the table below, we've pitch dimensions of some of the most famous stadiums in world football. First up on our list is Wembley Stadium, the home of England's national team. Stadium Team Country Pitch Length Pitch Width Wembley Stadium England 115 yds (105 m) 75 yds (69 m) Camp Nou Barcelona Spain 115 yds (105 m) 74 yds (68 m) Santiago Bernabéu Real Madrid Spain 115 yds (105 m) 74 yds (68 m) Etihad Stadium Manchester City England 115 yds (105 m) 74 yds (68 m) Anfield Liverpool England 110 yds (101m) 74 yds (68m) Emirates Stadium Arsenal England 115 yds (105 m) 74 yds (68 m) Old Trafford Manchester United England 115 yds (105 m) 74 yds (68 m) San Siro AC Milan Inter Milan Italy 115 yds (105 m) 74 yds (68 m) Allianz Arena Bayern Munich Germany 115 yds (105 m) 74 yds (68 m) Parc des Princes Paris Saint-Germain France 115 yds (105 m) 74 yds (68 m) Using the typical dimensions of 110yds (100.6m) x 70yds (64.0m) as a guide, the average football pitch is about 1.59 acres. How many square feet is a football pitch? Using the typical dimensions of 110yds (100.6m) x 70yds (64.0m) as a guide, the average football pitch is about 69,300 square feet. What are FIFA field dimensions? While there is some variation between the minimum and maximum dimensions, FIFA recommends that the field of play should be 115 yds (105 m) x 74 yds (68 m). What equipment do I need to mark out a football pitch? To accurately mark out a football pitch, you will need a line marking machine. Find out more about Harrod Sport's Line Marking range. Check out our groundkeeping blog content for more tips and insights into creating the perfect pitch: Download the PDF Download our complete guide to football pitch dimension as a .pdf. Harrod Sport are a leading manufacturer of football nets and goals posts in the UK, providing equipment for major stadiums and global sporting events. Harrod Sport also developed the 4G Stadium goal – the world's first FIFA Quality certified goal. View our full range of professional football goals, goals for schools, nets and training equipment. H2 Related Posts Rugby Union pitch dimensions Rugby League pitch dimensions Basketball court dimensions Tennis court dimensions Hockey pitch dimensions FOOTBALL PITCH SIZES: The size of a soccer field can change a lot based on the players' age and the type of soccer being played. That's why we created a detailed guide about soccer field dimensions and markings. Whether you're a player, coach, manager, groundskeeper, teacher, or just someone interested, it's crucial to play on the right-sized soccer field. This guide provides information on the official sizes for 5, 7, 9, and 11-a-side games, and it explains the standard formats you'll see on those fields. In today's times, a football pitch gets its well-known and iconic appearance from specific dimensions and markings. In the early 1800s, when football was first established with initial rules, pitches were roughly rectangular in shape, but they weren't standardized. Over time, as the game evolved, the need for consistent dimensions became apparent. Today, football pitches are meticulously measured and marked according to specific guidelines. This variability becomes even more pronounced when considering different age groups or team formats. FA guidelines for football pitch sizes The Football Association (FA) suggests that kids in various age groups should play on football pitches of different sizes and with varying player numbers on the field. The FA also suggests including a run-off area, which is a safety square around the pitch, usually extending the pitch's length and width by an additional 6 yards. FOOTBALL PITCH SIZES BY AGE GROUP Age Group Pitch Length Width Mini-Soccer U7/U8 5 40yds (36.6m) 30yds (27.4m) Mini-Soccer U9/U10 7 60yds (54.9m) 40yds (36.6m) Youth U11/U12 9 80yds (73.2m) 50yds (45.7m) Youth U13/U14 11 110yds (100.6m) 60yds (54.9m) Youth U15/U16 11 110yds (100.6m) 70yds (64.0m) Youth U17/U18 11 110yds (100.6m) 70yds (64.0m) Senior 11v11 110yds (100.6m) 70yds (64.0m) Over 18 (senior ages) 11v11 110yds (100.6m) 70yds (64.0m) FOOTBALL PITCH SIZES BY LENGTH According to the Football Association (FA) guidelines, children aged 7 and 8 engage in Mini Soccer, playing with 5 players from each team on a pitch at the same time. The recommended ball size is 3, and the goals should measure 12ft x 6ft. As indicated in the provided table, the suggested pitch dimensions are 40 yards (36.58m) x 30 yards (27.43m). In matches for children under 7 and 8, the penalty box is positioned 9 yards (8.23m) from the goal line and extends 16 yards (14.63m) in length. The penalty spot is marked 7 yards (6.40m) from the center of the goal. Additionally, there should be a runoff area around the field perimeter, extending 3 yards (2.74m). It's worth noting that the dimensions and markings used for under 7 and 8 matches are often employed in senior 5-a-side matches as well. Read More: Meaning Of CA FA GD And Other Common Football Abbreviations Under 9/10 For players in under 9 and 10 leagues, matches involve 7 players on each team playing simultaneously on a pitch measuring 60 yards (54.87m) x 40 yards (36.57m). It's recommended to use a size 3 ball, and goals should measure 12ft x 6ft. In under 9 and 10 leagues, the pitch dimensions are 60 yards (54.87m) x 40 yards (36.57m). For players aged 9 and 10, the pitch dimensions are 80 yards (73.15m) x 50 yards (45.72m). For players aged 11 and 12, the pitch dimensions are 110 yards (100.6m) x 70 yards (64.0m). The pitch should measure 32 yards (29.26m) x 13 yards (11.89m), with the goal area should have dimensions of 4 yards (3.66m) x 14 yards (12.80m). These specifications are tailored to the developmental needs and skill levels of players in this age group. Under 13/14 players in under 13 and 14 teams should participate in matches with 11 players from each team on the field simultaneously. The goal posts should measure 21ft x 7ft, and a size 4 ball is recommended. The designated pitch size for these matches is 90 yards (82.3m) x 55 yards (50.2m). In under 13/14 matches, the penalty box should measure 14 yards (12.80m) x 35 yards (32.00m), and the penalty spot should be located 10 yards (9.14m) from the center of each goal. The goal area should have dimensions of 5 yards (4.57m) x 16 yards (14.63m). These specifications are designed to align with the developmental needs and skills of players in this age group. Under 15/16 For players aged 15 and 16, the football pitch should measure 100 yards (91.44m) x 60 yards (54.86m). Matches are played with a size 5 ball and full-size goals measuring 24ft x 8ft, involving 11 players on each side. In matches for this age group, the penalty box should be 18 yards (16.46m) x 44 yards (40.23m), and the penalty spot should be situated 12 yards (10.97m) from the center of each goal post. The goal area should have dimensions of 6 yards (5.49m) x 20 yards (18.29m). These specifications are tailored to suit the developmental needs and skills of players in the 15 and 16 age range. Under 17/18 & Seniors At age 17, players use full-size senior pitches. The dimensions of these pitches can vary, especially at the amateur level, with official regulations from IFAB (International Football Association Board) stating that football pitches can measure between 100 yards (91.4m) and 110 yards (100.6m) in length and 50 yards (45.7m) and 70 yards (64.0m) in width. In England, top-level football pitches are typically slightly larger than the recommended FA guidelines, with a typical pitch measuring around 115 yards (105m) by 75 yards (68.8m). Full-size pitches used by players aged 17 and above have penalty spots marked 12 yards from the center of the goal, penalty boxes measuring 18 yards (16.46m) x 44 yards (40.23m), and goal areas that are 6 yards (5.49m) x 20 yards (18.29m). The ball used should be a size 5, and the goals should measure 24ft (7.32m) x 8ft (2.44m). The Football Association (FA) recommends that 5-a-side football pitches should have dimensions of 40 yards (36.5m) in length and 30 yards (27.5m) in width. A 7